

# **Washington-Ozaukee Catholic Conference - Volleyball**

## **Formerly Washington-Ozaukee Parochial League**

### **2008-09 Rules**

**Approved: 7/9/08**

1. The Washington-Ozaukee Catholic Conference-Volleyball is governed by all general rules and guidelines of the Washington-Ozaukee Catholic Conference and Archdiocese of Milwaukee. WIAA Rules of Play will be followed except when superseded by a stated rule below.

2. Each school/parish shall establish an official roster for each team it sponsors. A player may be listed on one and only one roster. Only those players listed on a team's official roster may compete as part of that team. All additions to the roster must be approved by the league and Archdiocese. Official rosters are maintained locally. If a school establishes two teams at a given level, the players shall be divided to provide teams of equal ability. The League does not utilize an A/B team format.

Girls teams shall be established by grade levels: 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup>. Boys teams shall be combined squads: 5<sup>th</sup>/6<sup>th</sup> and 7<sup>th</sup>/8<sup>th</sup>. Players may move up a grade but not down (eg.: for girls, 5<sup>th</sup> grade players can move up to a 6<sup>th</sup> grade team, however, 6<sup>th</sup> grade players can not move down to a 5<sup>th</sup> grade team). Failure to follow this rule will result in forfeiture of the game. A team may begin play with a minimum of five (5) players.

Under certain circumstances, the league may provide a specific waiver regarding rosters at the organizational meeting, to be followed by approval of the Archdiocese.

3. Knee pads are optional not required. Players may not wear any jewelry or metal, example: bobby pins, hair clips etc. Soft scrunchies and two ribbons may be allowed to hold hair back.

4. There should be one lead WIAA certified referee at all times. Side line judges are optional for 5<sup>th</sup> and 6<sup>th</sup> grade games and required for 7<sup>th</sup> and 8<sup>th</sup> grade games. Line judges must be 7<sup>th</sup> grade or above. Line judges may not use chairs, stools or any items which may interfere with play, and should be placed in opposite corners of the servers.

5. Three games are played, but played as a match. Rally scoring shall be used at all grade levels. Games are played to a 25 point win, provided it is a two or more point lead, or the first team to 27 points. A win is the best of three games. If a third game is needed, the first team to reach 15 points will be the winner; win by two points, cap at 17 points. If a third game is not needed, it can be played if time permits, however, an unnecessary third game cannot be started after 40 minutes into the match (be sure to note starting time of match). Games will begin at the scheduled time per the schedule or earlier if agreeable to both teams.

6. Toss of a coin decides the service and choice of court for the first game. Away team makes the call. Each team will change courts after each game. If the first two games are split, a toss for the service or side will occur prior to the third game. One player should be designated as captain.

7. Each team is allowed two time-outs per game of one minute in duration. If a third time out is called, a point will be awarded to the opposing team for delay of game, and loss of serve if serving.

8. Each team is allowed 18 substitutions per game.

9. Warm up times will follow a 3 min. – 3 min. – 3 min. – 2 min. format unless otherwise mutually agreed upon by both head coaches.

10. The libero position may be utilized at all levels. Libero must have a numbered uniform which is a contrasting color from the rest of the team (pinneys may be worn if the number is visible).

### **Legal Hits**

11. A player may not serve until the referee blows the whistle. A player has 5 seconds in which to complete the serve. A player may not step on or over the serving line. A tape 5' in from the end line will be placed the full length of the court. This line will be used only for the 5<sup>th</sup> and 6<sup>th</sup> grade girls teams. All teams are allowed to serve from any point along the back line.. 5<sup>th</sup> and 6<sup>th</sup> grade girls teams are not allowed to serve overhand from the short line. Players will be allowed one re-serve toss per server; the referee will indicate a re-serve. 5<sup>th</sup> and 6<sup>th</sup> grade girls can serve 5 points at the short line and then must move back to the regular serving line (30' line) for any additional serves.

12. A let serve is allowed at all grade levels.

13. Simultaneous contact of the ball may be followed by a second hit by either of the persons. A double hit is allowed on a hard hit ball or serve.

14. A player may play the ball off the ceiling on the player's side, which includes the lights. A ball that hits the ceiling on side B, after being hit on side A, is an advantage for side B. A ball that hits the back or side wall is out of play. No player may touch the net during play of the game. A player may touch the center line with a foot but may not go over the line with the whole foot.

15. On the serve, players at all grade levels may set or pass.

16. Players rotate on every side out, including the first serve. All players must call for stop of play to substitute. If a substitution is made for a player who starts a game, unless there is an injury, the substitute player may only be replaced by the original starting player.

### **Illegal Hits**

17. The following constitute an illegal hit:

A definite lift or carry; an obvious push.

Double contact with the body; except on the serve or hard-driven ball.

An attack on serve.

### **Court Regulations**

18. Court dimensions are 30 by 60 feet

Net height should be: Girls = 7 feet, 0 inches; Boys = 7 feet, 4 inches

Solid center line

25 foot forward service line (see Rule #11)

Home teams provide warm up balls; a first aid kit should be readily available

For those schools where the basketball apparatus hangs onto the playing area, each school or referee must determine playability prior to playing the game.

19. League admissions are: \$2.00/adult, \$1.00/student, free/under five. Schools may offer family rates.